

ABSTRACT

An in-eye method for cleaning contact lenses comprises use of a cleaner using water-containing beads. The water-containing beads are prepared such that the bead size is smaller than the punctal opening. They are easily flushed from the ocular environment by normal tear flow. The cleaner may also be used to clean contact lenses, with the cleaner applied directly to the lens and digitally rubbed to remove accumulated debris on the lens.

1. A method for cleaning contact lenses, comprising:
2. applying a cleaner to the contact lens;
3. the cleaner comprising water-containing beads;
4. the beads being smaller than the punctal opening;
5. the beads being easily flushed from the ocular environment by normal tear flow;
6. the cleaner being applied directly to the lens;
7. the lens being digitally rubbed to remove accumulated debris on the lens.